

Year 8 'Beyond the Baseline' tennis leadership project

During early April it was the final session of our 'Beyond the Baseline' tennis leadership project.

Our Year 8 sports leaders did an impressive job delivering a two-hour indoor tennis coaching session to twenty Year 4 children from Wexham Court Primary School.

This was a great learning experience for our young leaders and they will hopefully take pride and confidence from the success they made of this event.

It was great to see them taking on responsibility and thriving in challenging situations. Special congratulations to the following students: Safa (8BR), Megan (8LK), Ahsan (8DE), Amaan



Science at Wexham Court



Recently the staff and students at Wexham Court celebrated the British Science week.

The Science team at Wexham School Sports College and two 6th-formers were invited to give demonstrations during their assemblies for years 4, 5 and 6, and a separate one for their lower school.

In order to engage the pupils we conducted a range of demonstrations including what shape a magnetic field is, the importance



of conservation of energy, during a forces with the water cycle we tried cleaning water with filters, along with a few other props.

A large pendulum (basketball) was used to embarrass a teacher and for the finale we showed how strands of delicate material could be used together to make a strong rope.

We lifted a student with 4 strands of loo roll rope!

Sunday Breakfast Outreach Programme



A team of Year 12 students have teamed up with the Slough Outreach for their Sunday Breakfast Outreach Programme.

The students have generously given up their free time outside of school to volunteer to support this programme which helps to support people across Slough.

They have been outstanding ambassadors for the Wexham School community.



2 to 3 Degrees Programme - Inspiring Young people to fulfil their potential

Recently a selected group of our year 11 students took part in this programme. If you imagine the angle of 2-3 degrees, it's really small and this programme intended to inspire our students to develop a mindset that everything that they need for their development is within their reach.

So just like the small angle, the next book that they read, the person that they met, or more importantly the change that they need to make in their learning is completely in their reach.

Our students excelled themselves and went above and beyond with this project. They all self identified small positive actions that can be developed to help them improve and (hopefully) get closer to a better grade in their subjects.

Each student successfully completed the course and now have at least three practical actions that they are going to apply to their lives and the build up to their exams.

Mysteries at the Science Museum

Twenty Year 7 students were fortunate enough to go on a visit to the Science Museum. This is their report:

"We left school by coach and arrived at 10:00am ready for an exciting day at the museum.

"We visited all the different parts of the Science Museum including the interactive Wonderlab, The Equinor Gallery, The Winton gallery and a fascinating exhibition on the Russian Revolution. This was particularly interesting as it explained the part Science played in uncovering the mysteries of the Romanov's.

"We learnt about the disease haemophilia and how it affected the Romanov family and how DNA was used to answer questions about their gruesome murder!

"We had a great time and would love to go back soon."

Healthy Lifestyle Champions eat well



Our Healthy Lifestyle Champions programme got underway with three of our young leaders delivering their first session to a group of 12 Year 7 students.

The focus for week one was on nutrition and they led practical activities in the sportshall based around the 'eat well plate' for portion sizes and balanced meals.

Well done to Sian, Dishaa and Rhianna.



Brunel University Visit

The Year 12 students visited Brunel University for the West London UCAS Exhibition on Wednesday.

Thank you to all members of staff who supported us by accompanying the students and covering our lessons. The students found it to be a very positive experience.

Reading mentoring

In our 6th Form Enrichment programme students have been mentoring a range of our younger students to help develop their reading ages.

6th Form students who have been involved have found that it has provided them with an opportunity to create an environment where they can test out their leadership skills which will set them up when applying for the Universities of their choice.

One year 12 student said:
"I now feel confident and prepared when thinking about embarking on graduate life."



Healthy Lifestyle Champions Programme

All Year 7 students recently participated in a healthy lifestyle festival.

The morning began with a year group assembly led by GB Paralympic medallist and motivational speaker, Ian Rose.

From there the children took part in four workshops that addressed different aspects of health and wellbeing, all led by visiting specialists/instructors. The activities included:

1. **Nutrition** for long-term health
2. **Resilience** and emotional control
3. **Oral health / hygiene** based around pH testing of drinks popular with youngsters
4. **Mindfulness** and relaxation techniques

It was a very positive morning with all the children showing interest and enthusiasm, taking away beneficial knowledge and understanding to help them and their families live healthy lives.



Show racism the **red** card

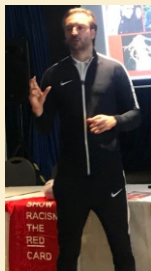


Unite Legal Services is proud to support leading UK anti-racism education charity, Show Racism the Red Card, in its work harnessing the power and profile of football to help educate the public on issues of race in society.

Wexham School support this

project which aims to stamp out prejudice in all parts of society – whether on or off the pitch, in or outside of work – is vital for creating a safe, equal and inclusive environment for everyone which we trill believe in at Wexham School.

A group of our students were provided with the opportunity to take part in a workshop and they thoroughly enjoyed the day and were inspired by what they learnt.



Excellent art expressing faith

Year 9 GCSE RE pupils were in the Art room this week completing a project on how art can express a person's faith. There were some excellent pieces of work and pupils should be proud of what they have achieved.



Well done Wexham!



Wexham School beat Langley Grammar by an amazing 48 points! Year 11 Basketball - Langley Grammar 22 - Wexham 70

Inter-form dodge ball

Over 100 students from Years 7 and 8 participated in their year group inter-form dodgeball competitions after school.

It was good to have so many young people taking part in extra-curricular activities and thank you to form tutors and leaders of year for supporting and helping promote these valuable events.

The competition winners were as follows and medals have been presented to the students involved:

Year 7: Deacon - Year 8: Luther King



Year 8 START-Careers Package

Start is a careers information tool. It allows students to explore learning and career options so they can make the right choices for the future.



As they explore, they can build their profile of interests, aspirations, skills and qualifications which they can use to later to develop their personal statement and CV.
[needs a where to get more info statement]

Slough School Sport Network (SSSN) Girls Football Tournament

A team of our Year 7/8 girls competed in the annual Slough School Sport Network (SSSN) 6- a-side football tournament recently.



The girls drew two of their matches

against Lynch Hill and Westgate and lost against Khalsa.



In addition to the team competing we provided five leaders to referee all the matches.

The following students did a very

good job on a wet and windy afternoon to help the competition run smoothly: Sian (Year 9), Kacper (Year 10), Nergis (Year 10), Haneef (Year 10) and Bilal (Year 10).



WEXHAM SCHOOL TWITTER

Our twitter account is: @Wexham_School

If you are keen to see the great work which takes place at Wexham on a weekly basis, why don't you follow us on twitter?

Year 12 Breakfast and Mentoring Enrichment

Year 12 students recently held a breakfast meeting to introduce themselves to a selected group of Year 7-9 students.

The programme started at the end of March and ran every week to help develop our student mentoring and mindfulness programmes.

These mentoring sessions have helped our younger students develop and the programme leaders are very positive.

One year 12 student leader said: "The children are really growing in confidence and their willingness to discuss more openly about how they feel - which is great"



Year 7 Mindfulness/Wellbeing Programme

Our Year 7 mindfulness sessions are continuing every Wednesday morning and the feedback from the programme leader is very positive. She says that the children are really growing in confidence and willingness to discuss more openly how they feel which is great.

One area of focus for the session was different perspectives and addressing issues such as: *Are we accepting of others' perspectives when we do tasks?* Why are we not always open to understand others' perspectives in discussions about our outlook on life?

Different people can have different opinions and still be right.

The students are responding well to this collaboration and this is most certainly one that we will look to continue.



M And N Academy Workshop

Our year 9 and 10 GCSE Drama students took part in a Film and Acting workshop.

The students thoroughly enjoyed the workshops and this developed a range of new skills which they will be able to apply to their GCSE practical performances.

Our students were also inspired to sign up for a series of workshops which will be taking place at Windsor Girls School during May which is exciting.



Avoiding dangerous situations

Year 7-9 students enjoyed an engaging and thoughtful workshop about staying safe and making appropriate decisions.

They learnt how to avoid dangerous situations and the importance of being assertive and sensible. The workshop was interactive and exciting. It included role plays, spy gadgets and current affairs news stories.

Year 7s, 8s and 9s were spellbound throughout.

Staff spotlight**Staff spotlight**Staff spotlight

My name is **Kelly Williams** and I am in my 5th year of teaching at Wexham School.

I studied Sport Science at Liverpool John Moores University and went on to do teacher training in Melbourne, Australia.

I became a teacher because I enjoyed coaching and wanted to develop this on further.

I started coaching hockey at a young age volunteering at school, I then carried it on as a got older and moved to Australia. It then led me on to becoming a teacher.



- Fact File:
- Favourite Colour: Pink
- Favourite Season: Summer
- Favourite Number: 10
- Favourite TV Series: Orange is the new black
- Fun Fact: At the age of 9 Colgate wanted to sponsor me to play Tennis

My hobbies include playing Rugby and Hockey. I also love attending any live sport and have recently been to England Womens Rugby, Football and Hockey Matches.