

KS3 year groups have 1 lesson per week – Tuesday Lesson 1

RSE Citizenship British Values

	Autumn 1	Autumn2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	What are British Values? Democracy, Tolerance, rule of law, individual liberty	Bullying and relationships Types of bullying, intimidation and coercion, cyberbullying, bullying and 'banter'	Puberty What is puberty, Changes in body, body odour and cleanliness, Mental wellbeing, Menstruation, Different types of relationships	Risks Dangers of alcohol and smoking Peer pressure, harmful behaviours. Healthy Eating	Employability and skills Team Work Communication Skills Positive mindsets and self confidence Planning	Citizenship What is parliament Who are MPs Tax How laws are made Local government
Year 8	Multiculturalism Diversity, Racism, Discrimination and Stereotypes Diversity and Gender	Mental Health Types of Mental Illness, mindfulness, who to talk to about feelings	Relationships Marriage and relationships, Consent, Coercion in relationship, forced and arranged marriage, FGM, Body Issues and weight Peer on peer abuse	E-Safety Data and digital Footprints Cybercrime, what information to share, Harmful images and child exploitation	Money management Enterprise Savings Debit and credit cards Getting a job	Human Rights Rights and responsibility Children's rights Homophobia
Year 9	Crime Crime and Society, County Lines, Gang and knife crime, Criminal justice system	Current affairs Political parties, elections, terrorism, immigration, homelessness	Sex education Sex and health, STIs Types of Contraceptive Consent Online pornography Abstinence	Drug safety Types of drugs Dangers of taking drugs - impacts on yourself others and the community, vaping and e-cigarettes How to quit	Employment and Skills Vocational vs Academic Apprenticeships Careers	Basic First Aid What is first aid, CPR, defibrillators, spinal and head injuries, personal health Virus and bacteria