

KS5 year groups have 1 lesson per week – Tuesday 8.40-9.30am

RSE

Citizenship

British Values

	Autumn 1	Autumn2	Spring 1	Spring 2	Summer 1	Summer 2
Year 12	<b>Mental and Emotional Health</b> Stress and Anxiety How to improve your sleep Signs of mental ill-health Coping with mental illness How to relax Eating disorders	<b>Sexual and personal health</b> Choosing contraception FGM Sex in the media Roles of Women in society/Feminism Sex, Gender and Transgender What to do in an abusive relationship Honour Violence	<b>Personal Safety</b> Teen pregnancy and unplanned pregnancy Why people use drugs before sex Class A drugs The risks of steroid use and hormones Misusing prescription drugs	<b>Continuation of Personal Safety)</b> Cannabis, Shisha and Spice How to stay safe on a night out Festivals, Parties and Drugs Virus' and Bacteria	<b>Critical thinking and the media</b> Fake News Propaganda Critical thinking and the media Online extremism and deradicalisation Vaccines and anti-vaccine	<b>UCAS</b>
Year 13	<b>UCAS</b>	<b>Independent living</b> Living Alone Diet and cooking Budgeting Buying, renting and mortgages The law and you Saving and pensions Plagiarism Organ donation	<b>Relationships</b> One night stands Abortion and Miscarriage Long term relationships Fertility The law, teenagers and marriage Toxic vs Positive relationships masculinity	<b>Social issues</b> Transphobia and Homophobia Free speech vs Hate Speech Protest and the media Social Justice Climate change	<b>Revision</b>	<b>Study leave</b>