



Personal, Social, Health, Economics Education and Citizenship Policy and British Values (PSHEE and Citizenship)

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***subject to any relevant changes in legislation or other appropriate guidelines**

INTRODUCTION AND CONTEXT

This policy covers Wexham School's approach to Personal, Social, Health and Economic and Citizenship education. The policy was produced by the School PSHEE Lead, Thomas Shephard. Guidance provided by the PSHE Association has been used to form this policy.

This PSHEE and Citizenship policy can be viewed by parents and carers on the School website.

PSHEE aims to give students the knowledge, skills and understanding they need to lead positive, healthy and independent lives. It strives to help them develop personally and socially and it tackles many of the moral, social and cultural issues that affect young people today. It equips students with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

PSHEE builds on the statutory content already outlined in the National Curriculum and in statutory guidance on drug education, financial education, relationship and sex education (RSE). RSE is an important part of PSHEE education and is statutory in maintained secondary schools.

The PSHEE curriculum at Wexham School consists of discrete timetabled lessons for Years 7-13 as recommended by the PSHE Association. Students are taught by their form tutor. Due to the sensitive and controversial nature of some of the topics covered in PSHEE it is beneficial for it to be delivered by staff who have an insight into the student's pastoral needs.

The PSHEE programme includes visits from external agencies and speakers. There are also wider, extra-curricular activities and activities completed during tutor time which enrich the PSHEE curriculum. Students' personal, social and emotional development is also encouraged by our supportive school ethos, where all are valued and positive relationships are seen as important.

Wexham School is situated in Slough, Berkshire and is very much a part of the local community. The proportions of students for whom the school receives pupil premium funding (additional government funding for students known to be eligible for free school meals, those who are looked after by the local authority and the children of services families), and of students eligible for the Year 7 catch-up premium, are well above the national averages. The proportion of disabled students and those with special educational needs supported by school action is also above average.

There are large disparities between the most and least deprived parts of the borough: the life expectancy gap is 8 years lower for men and 6 lower for women from the most to least deprived parts of the borough. The number of people with long term conditions is increasing – the main health problems and causes of death in Slough include cardiovascular disease, stroke, obesity, diabetes, cancer and chronic obstructive pulmonary disease. These can be tackled by changes in lifestyle, increasing rates of physical activity, improving diet, drinking less alcohol and stopping smoking. The significant health issues facing residents of Slough underlines the importance of delivering a PSHEE curriculum which educates our students on these areas and ensures their present and future well-being.

Safeguarding young people is paramount. All staff have received training re the Prevent Duty and understand their responsibility to prevent extremism and radicalisation. Students are advised about the issues surrounding this through the PSHEE programme. This is particularly important due to the diverse nature of the pupils who attend Wexham School and the significant influence religion plays in the upbringing of a large proportion of our students. Key areas of focus are Female Genital Mutilation (FGM), Radicalisation, Honour Crime and Child Sex Exploitation (CSE).

We acknowledge that Relationships and Sex Education is the right and responsibility of the parent. Wexham School provides relationships and sex education to support parents in fulfilling this responsibility.

If parents are not happy with what the School provides in its basic curriculum, for example in PSHEE lessons, with regard to relationships and sex education they have a right to withdraw their child/children from those aspects of relationships and sex education not covered by the National Curriculum Science lessons. Parents should state their wish to remove their child from such activities in writing to their child's Leader of Year.

1. AIMS AND OBJECTIVES

Our PSHEE and Citizenship programme aims to support young people to lead healthy, positive, safe, responsible and fulfilled lives. Through the delivery of engaging, high quality and relevant resources which enable students to recognise and manage risk, take responsibility for themselves, their choices and behaviours and make positive contributions to their families, schools and the wider community.

2. VALUES

Our PSHEE and Citizenship programme promotes and reflects the Wexham School values by allowing students to develop intellectually, morally and creatively. The PSHEE and Citizenship curriculum delivers a clear message on the importance of mutual respect and making a positive contribution to the school and wider community.

The PSHEE and Citizenship curriculum also promotes British Values both explicitly in lessons and implicitly through the emphasis of key themes such as mutual respect, tolerance of different religions, sexualities, ethnicities and ages and the importance of following the rule of law.

Students are encouraged to identify, develop and communicate their qualities, skills and attitudes. They should explore similarities and differences between people and consider relevant moral and social dilemmas, they learn to become resilient in dealing with potential challenges and embrace diversity in all its forms. This will help them become more well-rounded positive members of their communities.

PSHEE helps students reflect on and communicate their feelings and emotions, learn to approach difficult situations positively and form mutually respectful relationships with a wide range of people. PSHEE lessons will develop student's levels of empathy and increase their awareness of the wider world. This will enable them to accept and tolerate the beliefs of others in a peaceful and courteous manner.

Citizenship gives students the knowledge, skills and understanding to play an effective role in society at local, national and international levels. It helps them to become informed, thoughtful and responsible citizens who are aware of their national duties and rights. It promotes their spiritual, moral, social and cultural development, making them more self-confident and responsible, both in and beyond the classroom. It encourages students to play a helpful part in the life of their school, neighbourhood, community and the wider world.

3. BRITISH VALUES

At Wexham School we uphold and promote British Values which are defined as:

- Mutual Respect
- Rule of Law
- Democracy
- Individual liberty
- Tolerance of those of different faiths and beliefs

These values are taught throughout PSHEE and Citizenship lessons and can also be found in other areas of the Wexham School curriculum.

Mutual Respect:

Our school ethos and behaviour policy is based around the core values of mutual respect and a sense of responsibility for others. The concept and importance of respect is covered in detail in PSHEE/Citizenship lessons.

The Rule of Law:

The importance of laws and rules are consistently reinforced. Our system for behaviour is aligned to an agreed set of codes. Students are taught the value and reasons behind rules, that they govern and protect us, the responsibilities that this involves and the consequences when rules are broken. Visits from authorities such as the police help to reinforce this message. To encourage and promote good behaviour, attitude and work, we have a reward system which is followed throughout the school and we are committed to praising student's efforts. Wexham students are rewarded not only for achievement in curriculum areas but for positive behaviour such as kindness, helpfulness, team work and for demonstrating initiative.

Democracy:

Democracy is an important value at our school. Pupils have the opportunity to have their voices heard through a variety of opportunities. This includes an effective democratic Student Voice system. A long running association with Slough Youth Parliament. Students are aware of the importance of democracy and have experience of the democratic process.

Individual Liberty:

Pupils are actively encouraged to make choices at our school, knowing that they are in a safe and supportive environment. As a school we provide boundaries for our students to make choices safely, through the provision

of a safe environment and planned curriculum. Pupils are encouraged to think independently and feel that they are able to express their ideas with confidence and that these are valued.

Tolerance of Those of Different Faiths and Beliefs:

Wexham School is proud of its diversity and how our students display tolerance of the different faiths and beliefs of their peers. The importance of this is one of the central tenants of the PSHEE/Citizenship curriculum. This is achieved through enhancing pupils' understanding of their place in a culturally diverse society. Tolerance of different faiths and beliefs is also a key feature of the Religious Education curriculum through Key Stages 3 and 4.

4. PSHEE AND CITIZENSHIP CURRICULUM

Active engagement in learning is most effective in teaching PSHEE and Citizenship education. Students need opportunities to consolidate their values and opinions and develop enquiry based, social skills. To this end, PSHEE and Citizenship lessons feature real life case studies, opportunities for group work and a wide range of different activities with the onus on lessons being student led and engaging.

The PSHEE curriculum is based on and in line with the January 2017 PSHE Association KS3 and 4 Programme of Study. It is based around three Core themes.

Theme 1 – Health and Well being

Theme 2 - Relationships

Theme 3 - Living in the Wider World

The Citizenship programme of study is addressed through discrete lessons and across the curriculum in a range of other subjects. This programme of study is statutory and must be covered at KS3 and 4.

Key Stage	Programme of Study	Where is this covered in the Wexham School curriculum?
3	The development of the political system of democratic government in the United Kingdom, including the roles of citizens, Parliament and the monarch	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons - British Values assemblies - Tutor Time activities - Student Voice/ Youth Parliament elections
3	The operation of Parliament, including voting and elections, and the role of political parties	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons - British Values assemblies - Tutor Time activities
3	The precious liberties enjoyed by the citizens of the United Kingdom	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons - Religious Education lessons
3	The nature of rules and laws and the justice system, including the role of the police and the operation of courts and tribunals	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons
3	The roles played by public institutions and voluntary groups in society, and the ways in which citizens work together to improve their communities, including opportunities to participate in school-based activities	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons - Tutor Time activities
3	The functions and uses of money, the importance and practice of budgeting, and managing risk.	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons
4	Parliamentary democracy and the key elements of the constitution of the United Kingdom, including the power of government, the role of citizens and Parliament in holding those in power to account, and the different roles of the executive, legislature and judiciary and a free press	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons - Student Voice elections
4	The different electoral systems used in and beyond the United Kingdom and actions citizens can take in democratic and electoral processes to influence decisions locally, nationally and beyond	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons
4	Other systems and forms of government, both democratic and non-democratic, beyond the United Kingdom	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons - History Lessons
4	Local, regional and international governance and the United Kingdom's relations with the rest of Europe, the Commonwealth, the United Nations and the wider world	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons
4	Human rights and international law	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons - Core Religious Education
4	The legal system in the UK, different sources of law and how the law helps society deal with complex problems	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons
4	Diverse national, regional, religious and ethnic identities in the United Kingdom and the need for mutual respect and understanding	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons - British Values activities
4	The different ways in which a citizen can contribute to the improvement of their community, to include the opportunity to participate actively in community volunteering, as well as other forms of responsible activity	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons - Student Voice Charity Fundraising - Tutor Time activities

4	Income and expenditure, credit and debt, insurance, savings and pensions, financial products and services, and how public money is raised and spent.	<ul style="list-style-type: none"> - PSHEE/Citizenship lessons - GCSE Business Studies
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Overview of the PSHEE/Citizenship Curriculum:

Year group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
7	Aspirations, Growth mind-set - Project	S.R.E	Bullying/E-safety	Risky behaviour/Drugs education	British Values	Community / Eco-Schools
8	E-Safety / CSE/ Extremism	SRE – FGM/ Honour Crime/ Forced Marriage	Mental Illness / Mindfulness	Crime and Society	Diversity and Tolerance	Rights and Responsibilities
9	S.R.E	Money Management	Politics	Drugs Education	Global Issues	Managing Risky behaviour/First Aid
10	Computer Science	Preparing for Work	Human Rights and International Law	S.R.E	Money management	Politics
11	Exam/Revision Skills/Coping with Exam Stress	Planning for the future/Careers	S.R.E	Structured Revision	Structured Revision	

Essential Skills and Attributes developed through the curriculum include interpersonal skills, self-regulation, Active listening and communication, Self- organisation and enterprise skills.

PSHEE and Citizenship is taught as a spiral programme which is the recurrence of themes throughout the key stages. With each delivery of the theme, the level of demand increases and learning is progressively deepened. Key topic areas which contain issues that students who attend Wexham School may be more likely to face will be returned to consistently. This is based on the cultural, ethnic and economic make-up of the student body at Wexham School.

Recurring themes/topics include:

- Relationship and Sex Education
- Extremism and Radicalisation
- Female Genital Mutilation
- Drugs Education
- Money Management

- Human Rights
- Mental Illness

5. RESOURCES

In the delivery of PSHEE, teachers use a variety of teaching methods and resources, including:

- Video and Powerpoint presentations
- Discussion
- Drama and role play
- Project based work
- External speakers

6. Assessment

Assessment is an integral part of the teaching and learning in all subjects, including PSHEE education. Students work at KS3 is assessed in line with Wexham's 'Threshold' system of assessment. Due to the personal nature of PSHEE education means that it cannot be assessed in the same way as most other subjects and it would be inappropriate for assessment in PSHE education to imply passing or failing 'as a person'.

The model of assessment used for both Key Stage 3 and 4 is that for each new topic an initial activity is carried out that gauges pupils' starting point in terms of their existing knowledge, skills, attitudes and beliefs. This is used to inform the teacher's planning for that module. Then, at the end of the topic an activity is carried out which allows pupils to demonstrate the progress they've made since doing the baseline activity. This will demonstrate the progress they have made.

7. Evaluation and Monitoring of PSHEE

PSHEE is monitored through Data analysis, Learning walks, Work scrutinies, Lesson observations, student questionnaires and evaluations. Year teams meet once a week to provide opportunities for staff to monitor and evaluate the PSHEE programme and share good practice.

8. Creating a safe and supportive learning environment

All PSHEE classes develop a set of ground rules for discussions at the start of potentially controversial subjects including RSE. The aim of the ground rules is to establish an environment of respect and collaboration so that students feel confident in discussing sensitive issues.

If a disclosure is made, the teacher must act in accordance to the Wexham School Child Protection and Safeguarding Policy. Where a member of staff is concerned that a child protection issue is arising it is his/her responsibility to follow the School's policy in this matter to the letter.

It is important that teachers are clear that any issues which arise in lessons cannot be kept confidential.

9. Implementation of policy

All staff at Wexham School are required to read, understand and are responsible for the implementation of this policy. The PSHEE Lead will:

- Ensure that all staff delivering PSHEE are given adequate support and are comfortable with dealing with issues that may arise.
- Provide regularly updated and reviewed schemes of work
- There is regular communication with LoYs, Tutors and any other staff who will be delivering PSHEE

10. Linked Policies/Protocols

- Child Protection and Safeguarding Policy
- Relationship and Sex Education Policy
- Drugs and Substance Misuse Policy
- Anti-Bullying Policy
- E-Safety Policy

11. Policy monitoring and review

This Policy will be reviewed on a regular basis by the Governing body, SLT, Parents, Students and PSHEE Lead and amended and updated as appropriate.