

18th November 2024

Dear Parent/Carer

Upcoming PSHE Education Lessons for Year 7 on Puberty

At Wexham School, we are committed to supporting students' personal wellbeing and development through a comprehensive Personal, Social, Health, and Economic (PSHE) education programme. PSHE provides young people with the knowledge, understanding, attitudes, and practical skills to lead safe, healthy, and productive lives while reaching their full potential.

I am writing to inform you that, starting Tuesday, 7th January, your child in Year 7 will be participating in a seven-week unit on puberty as part of our PSHE curriculum. This unit will cover important topics, including bodily changes during puberty, building healthy relationships, and understanding the concept of consent.

These lessons are designed to provide students with age-appropriate knowledge. All content will be delivered in a safe and supportive environment that aligns with our school's values. PSHE education is taught in every year group, and our curriculum is regularly reviewed and monitored by school staff and the governing body. For more information about our PSHE curriculum, please visit the school's website at Wexham School - Curriculum - PSHEE.

Right to Withdraw from Sex Education in PSHE

Due to changes in the PSHE curriculum and government guidelines effective from September 2020, parents do have the right to withdraw their child from specific sex education lessons taught as part of the Relationships and Sex Education (RSE) curriculum in secondary schools. Unless there are exceptional circumstances, this request will generally be granted up to three terms before your child turns 16. After this point, if your child wishes to receive sex education rather than be withdrawn, the school will arrange for this to take place during one of the three terms before they turn 16, which is the legal age of sexual consent.

Please note, however, that there is no right to withdraw from Relationships Education at the secondary level. Topics such as puberty, family, friendship, and safety (including online safety) are essential for all students, and we believe these lessons provide vital knowledge and skills for young people.

We are confident that you will support the implementation of our PSHE curriculum, as it benefits all of our students. If you would like to discuss the programme further, please feel free to contact me.

Yours faithfully



Ms A Marwaha
Assistant Headteacher