

15<sup>th</sup> October 2025

Dear Parent/Carer

## Upcoming PSHE Education Lessons for Year 11 on Sexual Relationships and Consent

As part of your child's education at Wexham School, we are committed to promoting personal well-being and development through a comprehensive Personal, Social, Health, and Economic (PSHE) education programme. This curriculum aims to equip young people with the knowledge, understanding, attitudes, and practical skills to live safe, healthy, and productive lives, reaching their full potential.

I am writing to inform you that over the next seven weeks, beginning Tuesday, 4<sup>th</sup> November, Year 11 students will be participating in lessons focused on the Relationships and Sex Education (RSE) component of our PSHE programme. These lessons are designed to provide essential knowledge and skills for safe and informed decision-making.

### The RSE lessons will specifically cover the following topics:

- Long-term relationships
- Reproductive health and safe sex
- Accessing contraception
- Drugs, alcohol, and consent
- Understanding abstinence
- Female Genital Mutilation (FGM)

These lessons are an integral part of our commitment to delivering a comprehensive education that supports students' well-being and personal development. All content will be delivered in a safe and supportive environment, aligned with the values of Wexham School.

PSHE education is taught across all year groups at Wexham School, with content regularly monitored and reviewed by our staff and governing body. For more information about our curriculum, please visit our website at [Wexham School - Curriculum].

### Right to Withdraw from Sex Education in RSE

In line with government guidelines introduced in September 2020, parents do have the right to withdraw their child from certain sex education lessons delivered as part of the RSE curriculum in secondary schools. Unless there are exceptional circumstances, this right may be exercised up to three terms before your child turns 16. At that point, if your child wishes to participate in sex education, the school will make arrangements for them to do so during one of the three terms before they reach the legal age of sexual consent (16).

However, please note that there is no right to withdraw from Relationships Education at the secondary level. We believe that core topics such as puberty, family, friendship, and safety (including online safety) are essential for all students.

We are confident that you share our commitment to implementing the new PSHE curriculum, which will benefit all of our students. If you would like to discuss the RSE programme further, please feel free to contact me.

Yours faithfully

Mr S Nicolle  
Leader of PSHE