

17<sup>th</sup> March 2025

Dear Parent/Carer

## Upcoming PSHE Education Lessons for Year 9 on Sexual Relationships and Consent

As part of your child's education at Wexham School, we are committed to promoting personal well-being and development through a comprehensive Personal, Social, Health, and Economic (PSHE) education programme. This curriculum aims to equip young people with the knowledge, understanding, attitudes, and practical skills to live safe, healthy, and productive lives, reaching their full potential.

I am writing to inform you that over a period of six weeks, commencing on Tuesday 14<sup>th</sup> April 2026, your child in Year 9 will be participating in a unit on puberty as part of our PSHE curriculum. This constitutes part of our Relationships and Sexual Education (RSE) taught content, which is designed to provide our students with age-appropriate knowledge surrounding the development of their own bodies and introduce ideas around consent in the context of friendships and self-expression.

### The RSE lessons will specifically cover the following topics:

- Consent and the right to withdraw consent
- Risks of sexually transmitted infections and contraception
- Stereotypes of media portrayal of sex and pornography
- Risks of sending, sharing and transmitting sexual images

These lessons are an integral part of our commitment to delivering a comprehensive education that supports students' well-being and personal development. All content will be delivered in a safe and supportive environment, aligned with the values of Wexham School.

PSHE education is taught across all year groups at Wexham School, with content regularly monitored and reviewed by our staff and governing body. For more information about our curriculum, please visit our website at [Wexham School - Curriculum].

### Right to Withdraw from Sex Education in RSE

In line with government guidelines introduced in September 2020, parents do have the right to withdraw their child from certain sex education lessons delivered as part of the RSE curriculum in secondary schools. Unless there are exceptional circumstances, this right may be exercised up to three terms before your child turns 16.

However, please note that there is no right to withdraw from Relationships Education at the secondary level. We believe that core topics such as puberty, family, friendship, and safety (including online safety) are essential for all students. Please be aware that any requests to withdraw a child from RSE education can only be authorised after an in-person meeting with the leader of PSHE.

We are confident that you share our commitment to implementing the new PSHE curriculum, which will benefit all our students. If you would like to discuss the RSE programme further, please do not hesitate to contact me.

Yours faithfully



Mr Sean Nicolle  
Leader of PSHE