

Curriculum Intent Statement: PSHCE (2026-27)

Rationale

PSHCE at Wexham School is designed at all levels to prepare students for life in the wider world and to understand their place within it. To achieve this, we have developed a curriculum that takes into account national requirements regarding personal, social, health and economic education (PSHE), citizenship, spiritual, moral, social and cultural development (SMSC) and relationships and sexual education (RSE). This is further informed by the needs of our students, as developed through a robust student and staff voice process, local child and maternal health (CHIMAT) data, and consultation with local schools and the Slough Borough Council through participation in the Slough PSHE Network.

KS3 PSHCE

Intent

By the end of KS3, our intent is to develop students to have the capacity to:

- Maintain their own physical and emotional health in a variety of different contexts, including changes to their physical and emotional states over time
- Understand their place in wider British society and how they can participate
- Develop meaningful and positive relationships with others in a variety of contexts
- Make informed financial decisions that protect their overall financial safety
- Use technology in a safe and informed manner that protects their safety
- To understand ideas around crime and negative behaviours, and be prepared to make informed decisions
- To be prepared for the next stage of their secondary education and develop understanding of options beyond GCSE examinations.

Skills

By the end of KS3, our students will develop the ability to:

- Communicate effectively with others in a litany of different contexts, including expressing ideas surrounding consent and non-consent
- Identify and respond appropriately to emergent risks to personal safety in different contexts, including online safety and safety within different types of relationships
- Manage their finances, including budgeting, saving and making informed spending decisions
- Utilise and demonstrate British Values in different aspects of their lives
- Use a range of strategies to manage health in different contexts, such as sleep, exercise, consulting with a GP, etc

Knowledge

By the end of KS3, our students will be able to demonstrate key knowledge of:

- Health and Wellbeing
- Citizenship
- Living in the Wider World
- Relationships and Sexual Education
- Finances
- Personal Development
- British Values

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KS4 PSHCE

Rationale

Our curriculum is designed as a 'spiral curriculum' model, meaning that students will revisit and add to themes introduced during KS3 PSHCE. The reasoning behind this is to enable students to develop knowledge and skills in a wide variety of sensitive areas at a time when it is most appropriate relative to student development and wellbeing. This also serves to consolidate and revisit prior learning, ensuring that emergent gaps in knowledge and skills can be addressed in a timely and appropriate manner.

Intent

By the end of KS4, our intent is to develop students to be able to:

- Independently manage their health and wellbeing by making informed choices in a wide range of contexts
- Further develop their capacity to maintain their safety, including managing personal wellbeing, influences to make dangerous health choices, managing online safety and safety within the context of different types of relationship.
- Recognise and take appropriate actions in response to 'extreme' ideas relative to societal norms
- Develop a plan for life beyond Year 11, including further education and careers options
- Further develop the capacity to manage finances in a wide range of contexts
- Establish and maintain relationships (including sexual relationships) in a safe manner

Skills

By the end of KS4, our students will develop the ability to:

- Communicate effectively with others in a variety of contexts, including in professional environments and in the context of different relationship types
- Manage influences on behaviour both in the wider world and virtually, including influences surrounding drugs and alcohol, gambling, and other deviant behaviour
- Make informed choices to manage health, including accessing health services and being able to access accurate information relating to their own health and safety
- Navigate romantic and sexual relationships, including in the context of long-term relationships and beginning families.

Knowledge

By the end of KS4, our students will consolidate and further develop their knowledge of the following:

- Health and Wellbeing
- Citizenship
- Living in the Wider World
- Relationships and Sexual Education
- Finances
- Personal Development
- British Values

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KS5 PSHCE

Rationale

At KS5, our curriculum is designed to represent the needs of a cohort growing in independence into the wider world. Due to the large number of external intake from a wide diaspora of schooling backgrounds, we have sequenced units to echo themes developed in KS4 alongside the introduction of additional themes to reflect their needs beyond the schooling environment. This includes a further focus on options beyond sixth form, including further education and entering the workplace in an informed manner.

Intent

By the end of KS5, our intent is to develop students to be able to:

- Make informed choices to manage health, including accessing health services and being able to access accurate information relating to their own health and safety
- Make informed choices to manage health, including accessing health services and being able to access accurate information relating to their own health and safety
- Navigate romantic and sexual relationships, including in the context of long-term relationships and beginning families.
- Live independently in a variety of different contexts, including maintaining a home and managing financial safety
- Make their 'next step' beyond KS5 regarding careers and further education

Skills

By the end of KS5, our students will develop the ability to:

- Communicate effectively with others in a variety of contexts, including in professional environments and in different relationships, factoring in cultural and personal identity
- Manage influences on behaviour both in the wider world and virtually, including influences surrounding drugs and alcohol, gambling, and other deviant behaviour
- Make informed choices to manage health, including accessing health services and being able to access accurate information relating to their own health and safety
- Navigate romantic and sexual relationships, including in the context of long-term relationships and beginning families.
- Develop strategies to maintain independent living in a variety of contexts.

Knowledge

By the end of KS5, our students will consolidate and further develop their knowledge of the following:

- Health and Wellbeing
- Citizenship
- Living in the Wider World
- Relationships and Sexual Education
- Finances
- Personal Development
- British Values
- Careers and Further Education